



Activity Sign Up Form

Please choose your which activities you would like to do. **Please understand, this is for sorting purposes and will not guarantee your child participation in a given program. Activities are offered throughout the summer may not happen every week/day.** Please use the following scale to rate the activities below:

1: I am very interested in that 2: I am sort of interested in that 3: I could try that N: Do not put me in that

Activity descriptions are on the back. Please rate as many activities as possible to give us options when sorting you into classes

Name: _____ Age: _____ Grade in Fall: _____

Group (To be filled in by Y Staff): _____

Land Sports -
A way to be Active and Engaged!

____ Archery
 ____ Basketball
 ____ Quidditch
 ____ Flag Football
 ____ Floor Hockey
 ____ Soccer
 ____ Volleyball

Performing Arts -
A chance to push your comfort zone

____ Drama/Improv
 ____ Writing/Poetry
 ____ Jam Band (Requires your own instrument)
 ____ Dance

Specialty Areas - Try something new!

____ Nature
 ____ Gardening
 ____ Outdoor Living Skills
 ____ Dungeons and Dragons

Aquatics - Get Read to Get Wet!

____ Canoeing and Kayaking
 ____ Swim Lessons (anyone below a Green Tag will be enrolled automatically)
 ____ Water Games
 ____ Snorkling
 ____ Navy Seals Training

Creative Arts -
Express your inner artist and go crazy!

____ Drawing and Painting
 ____ Pottery
 ____ Cartooning
 ____ Creative Arts
 ____ Comic Book Making

Challenge Yourself -
A chance to push your limits

____ Ropes 1 (Must be 10+ years old)
 ____ Ropes 2 (Must be 12+ years old)
 ____ Guide Program (Must be 14+ years old)
 ____ Climbing (must be 10 years old)

Archery - A chance to unleash your inner Robin Hood. Learn the 9 steps and how to become a great archer

Basketball - Invented by the Y. Dribble, Pass, Shoot. Get Game Experience and learn how to reach your potential!

Canoeing and Kayaking - Jump on the river and learn how to paddle anywhere you want to be

Climbing - Brave the climbing tower and see if you can tackle all the sides

Comic Book Making - Learn the art of cartooning and comic book making. Finish the summer with your own made up hero

Creative Arts - One art not enough. Get a sampling of all the visual arts and find which one you are interested in

Dance - Express yourself through movement. You can try to stop those dancing feet but they just cannot sit still

Drama/Improv - Take a walk on the non-scripted side. Stretch your comfort zone and jump into the lime light

Drawing and Painting - Learn how to express yourself on the canvas with color and creativity

Dungeons and Dragons - A popular role playing game. Create a character, design your world, and go on an adventure!

Flag Football - Not all football is tackle. Play the game and learn a way of life

Floor Hockey - Ducks Fly Together. Play some floor hockey and learn to play as one

Gardening - Learn how to grow food and flowers from the ground! Take care of the camp gardens and see what it takes to get vegetables to your table!

Jam Band - Learn the skill of being able to pick up and play in a group. Having your own instrument is required

Nature - The world around us is amazing. Learn how to identify plants and animals and how the natural world works

Navy Seals Training - Train to be in shape in and out of the water

Outdoor Living Skills - Learn how to survive in the wilderness and live off of the land

Pottery - Become a master of the clay and fire your creativity

Quidditch - Jump on a broom and grab the golden snitch. Immerse yourself in the world of Harry Potter and play this very fast pace game of the wizarding world.

Ropes 1 - Get an introduction to the ropes course and learn what real team work looks like

Ropes 2 - Push your boundaries and get exposed to the low and high ropes course.

Soccer - The Most popular game in the world. Come kick the ball and be part of the action

Snorkeling - Explore the depths of the river and see what treasures exist

Water Games - Play some great games all while staying cool and getting wet

Writing/Poetry - Learn how to express yourself with the written word and perform some of what you write for your class

Swim Lessons - Every camper at Spaulding will learn how to swim. Nothing is more important than protecting yourself

Volleyball - Invented by the Y. Bump, set, and spike like champions