



BIG GYM ~ Summer ~ June 18 – Sept. 3, 2017

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-6:00 AM							Summer Open Sundays 9a-230p June 18-Aug 20
6:00-6:40 AM	Aerobics		Aerobics		Aerobics		
7:00-8:00 AM		NH N. Guard				Open	
8:00-9:00 AM							
9:00-10:00 AM			Squeaky Sneakers CAMP 1 / 2 (L) / Open (R)			Power Hour	Open
10:00-11:00 AM				SALAMANDERS GYM TIME			
11:00-12:00	Squeaky Sneakers CAMP 1 / 2 (L) / Open (R)		APPLES GYM TIME 10:30-11:30	Squeaky Sneakers CAMP 1 / 2 (L) / Open (R)	LEAP FROGS GYM TIME 10:15-11:15		
12:00-1:00 PM	HEAT					Family Time	Open
1:00-2:00 PM	Basketball 18+	Basketball	Basketball 18+	Basketball	Basketball 18+	Family Time	Open
2:00-2:45 PM						Family Time	Close at 2:30
2:45—3:30 PM	Open (L) / Open (R)	Open (L) / Open (R)	Open (L) / Open (R)	Open (L) / Open (R)	Open (L) / Open (R)		
3:30-4:30 PM	Open (L) / Open (R)	Open (L) / Open (R)	Open (L) / Open (R)	Open (L) / Open (R)	Open (L) / Open (R)		
4:30-5:20 PM	OPEN for Youth & Teen Basketball	OPEN for Youth & Teen Basketball	OPEN for Youth & Teen Basketball	OPEN for Youth & Teen Basketball	OPEN for Youth & Teen Basketball		
5:20-6:25 PM	ZUMBA gym starts clearing at 5:20 class starts at 5:30	OPEN for Basketball	ZUMBA gym starts clearing at 5:20 class starts at 5:30	Open	ZUMBA gym starts clearing at 5:20 class starts at 5:30	Y building closes at 6	When schedule says "OPEN" it means for general use by members and guests.
				Open			
6:30-7:45 PM	Open	DERBY CLASSES Whole gym	Pickleball (L) / Open (R)	Open	Open		
7:45-8:30 PM	Open		Pickleball (L) / Open (R)	Open	Open		
8:30-9:00pm	Open	Open	Pickleball (L) / Open (R)	Open	Open		

Summer hours start Sun. June 18 – Sat .Sept. 2: Mon-Fri 5a-9p, Sat 7a-6p, Sun . open 9a-2:30p (closed Aug 26 Sept 3)

Pool Closed end of day Sat. Aug .19 reopen Sept 5

YMCA Closed Tuesday July 4 Closed Sun Sept 3-Monday Sept 4

** schedules subject to change based on enrollment** L= Left R = Right when entering the gym. Gym open for member use when space is available NO

Stereo use please unless with a class, If CAMP isn't using gym during scheduled time it is open for use. (rev.6.14.17)