



KEEPING YOUR YMCA FACILITIES REFRESHED

August / September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 13	14	15	16	17	18	19
					Studio CLOSED Friday Aug 18 @ 6:00 PM	
20	21	22	23	24	25	26
Studio CLOSED– Floor Refinishing & drying time *					Til Friday Aug 25 at 4:30 pm – if able to open for Barre' class	
Pool CLOSED – Annual Maintenance						
BIG Gym CLOSED Friday Aug 25 @ 6:30 PM						
27 Y CLOSED	28	29	30	31	September 1	2
BIG Gym CLOSED Refinishing Floor & drying time *						
Pool CLOSED – Annual Maintenance						
3 Y CLOSED	Sept 4 YMCA CLOSED Labor Day	5	6	7	8	9
Pool CLOSED – Annual Maintenance						
10	11	12	13	14	15	16

THANK YOU FOR YOUR SUPPORT!

* Note: floor refinishing closure dates include estimated drying times sometimes affected by weather changes.



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YMCA STUDIO WILL BE CLOSED:

Starting Fri., Aug. 18 at 6:00 pm (after Barre')
Through Fri., Aug. 25 floor refinishing & drying time.

STUDIO classes move to small gym or cancel. Small gym classes to big gym.

Sat. 19, YOGA 8-9 & 9-10 am - SMALL GYM

Mon. 21, YOGA 12-1 & 6:30-7:30 SMALL GYM

Total Body Barre' 5:30-6:30 pm - CANCELLED

Tues. 22, YOGA 6:30-7:30 am SMALL GYM

Operation Fat Burn 6-7am BIG GYM

YOGA 7-8:15pm SMALL GYM

Step Up Core Strike 6:30-7:30pm BIG GYM

Wed. 23, Yoga 9 am SMALL GYM

Cardio Fusion 9 am BIG GYM

Pilates 5:30-6:30 pm - CANCELLED

Thurs. 24, YOGA 6:30-7:30 am SMALL GYM

Operation Endurance 6-7am BIG GYM

YOGA 7-8:15pm SMALL GYM

Step Up Core Strike 6:30-7:30pm BIG GYM

Fri. 25, YOGA 9-10am SMALL GYM

BOOT CAMP 9-10 am BIG GYM

YOGA 12-1 pm SMALL GYM

R.I.P.P.E.D. 12-1 pm BIG GYM

STUDIO reopens Fri. 25 at 4:30 pm for BARRE' class

YMCA BIG GYM WILL BE CLOSED:

Starting Fri., Aug. 25 at 6:30 pm (after ZUBMA)
Through Fri., Sept. 1 floor refinishing & drying time

Big Gym fitness classes will move or cancel:

Sat. 26, Power Hour 9-10 am - **SMALL GYM**

Mon. 28, Wed. 30, & Fri. 1

Aerobics 6-6:40 am - STUDIO

Mon. 28 --- HEAT class 12-1pm in SMALL GYM

Mon. 28 & Wed. 30

Zumba Class 5:30-6:30 pm - CANCELLED

Big Gym reopens Fri. 1 at 5:30 pm for ZUMBA class

YMCA POOL WILL BE CLOSED:

Starting Sunday, August 20 through Monday Sept. 4

Pool will reopen 5 am Tuesday, Sept. 5

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