



# CYCLING ~ Spring 1 Session ~ March 5 – April 25, 2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:10-5:50 AM	Cycling						
6:00-7:00 AM	Cycling	Cycling	Cycling 6-6:45	Cycling	Cycling		
7:00-8:00 AM							
8:00-9:00AM			<b>NEW** Cycling 7:30-8:30</b>			Cycling	
9:00-10:00 AM						Cycling	9 AM Open
10:00-12:00 PM							
12:00-12:50 PM	Cycling	Cycling	Cycling	Cycling	Cycling Starts Jan		
1:00-4:30 PM							
4:30-5:15 PM		"NEW Time" Cycling			"NEW Time" Cycling		
5:20-6:20 PM	Cycling 5:15 NEW 90min class!	Cycling & Core	Cycling	Cycling & Core	Cycling 5:15 – 6	6PM Closed	6PM Closed
6:20-7:15 PM							
7:15-10:00 PM							

Open for member use when space is available – no Stereo use unless with a class please.

**CLOSED SUNDAY April 1 EASTER**